All Inclusive Food & Beverages

Breakfast (08:00-10:00)	Extensive buffet breakfast including a variety of cheese and egg specialties, freshly baked bread, warm comfort food, nuts and dried fruits, cereal jams, honey and many more. Three times a week savor a special Cretan breakfast with local specialties.
Lunch (13:00-14:30)	Buffet offers a wide range of local, Mediterranean and International dishes cooked daily from local, fresh and seasonal ingredients. Buffet also includes different salads, cold appetizers, light desserts, freshly baked bread and freshly cut fruits.
Dinner (19:00-21:00)	Daily buffet menu showcases Greek and Cretan cuisine and also incorporates other International dishes. Moreover, 4 different themed dinners take place weekly: Mexican food, Italian food, Cretan cuisine, Bbq and a Sushi corner included on the main buffet.
Kids buffet	Tailored just for our little friends, the kids' buffet serves different meal options every day for both lunch and dinner.
Snacks (10:00 - 18:00)	Pool bar offers a variety of snacks such as pizza, toast, cakes, mini pies, different flavors of ice-creams, slush ice drinks, fresh fruits and cold salads.
Alcoholic drinks (10:00 - 22:45)	Pool bar and restaurant serve unlimited beer, local wine, various alcoholic drinks (i.e Whisky, Rum, Gin, Vodka, Tequila), handcrafted cocktails and home made Raki.
Non- alcoholic drinks (10:00 - 22:45)	Non alcoholic drinks such as soft drinks, juices, cold still water and mocktails are being served at the pool bar and at the restaurant.
Hot beverages (08:00 - 22:45)	Hot beverages include freshly ground filter coffee, espresso and cappuccino, and different flavors of tea
Ice- cream (10:00 - 21:00)	Different flavors of ice cream such us chocolate, vanilla, strawberry and banana.
Snack box (upon request)	For your days out: snack box includes (per person): 1 club sandwich, 1 fruit, 1 salad, 1 local dessert, 1 bottle of water and 1 small carton of juice (for kids). *Please inform the Front Desk at least one day in advance by 20:00.
Early breakfast (upon request)	*Please inform the Front Desk at least one day in advance by 20:00.